



WEEKLY MENU – 14.10.2024

WEEKLY SALADS

- Caesar Salad
- Moroccan Cous Cous With Char grilled Vegetables
- Kolarabi Slaw
- Mixed tomato and basil
- Mixed Leaf Salad
- Greek Salad
- Fattoush
- English Kale and Quinoa, Lemon dressing

WEEKLY SALAD MAIN

- Honey Goats Cheese Filo parcel
- Roast Pepper Frittata
- Grilled Aubergine, hummus & Pomegranate
- Roast Jerk Salmon
- Herb Grilled Chicken
- Sweet potato falafel and red pepper hummus
- Hot Smoked Salmon and Dill Yoghurt
- Grilled Harissa Chicken Thighs

MONDAY

HOT MAIN
Bean Chilli, Cumin Rice & Fixings

TUESDAY

HOT MAIN
Brawtwurst Hot Dog with fries and Sauerkraut

VEGGIE HOT MAIN
Red Pepper & Lentil Lasagne

WEDNESDAY

HOT MAINS
Chicken Souvlaki, Tzatsiki & Fries

VEGGIE HOT MAIN
Red Pepper & Lentil Lasagne

THURSDAY

HOT MAINS
Pad Thai Chicken

VEGGIE HOT MAIN
Pad Thai Veg

FRIDAY

HOT MAIN
Fish & Chips, Mushy Peas and chips