



## WEEKLY MENU – 03.02.2025

### WEEKLY SALADS

Garden Salad

Patatas Bravas

Squash & Kale with  
tahini dressing

Pasta Genovese

Mexican Slaw

Caesar

Red Pepper &  
Borlotti Bean

Kachumbar

Green Chopped  
Salad

### WEEKLY SALAD MAIN

Vegan Sauasage Roll

Brushetta with tomatoes

Teriyaki Tofu

Jerk Chicken

Honey Mustard Chicken

Sweet Potato falafel, red  
pepper hummus

### MONDAY

HOT MAIN

Mushroom Bourginon with  
Crushed Potatoes

3 bean chilli with cumin  
rice

### TUESDAY

HOT MAINS

Fish Pie

VEGGIE HOT MAIN

Sweet Potato & chickpea  
tagine with tabbouleh

### WEDNESDAY

HOT MAINS

Beef ragu with Potato

Gnocchi

VEGGIE HOT MAIN

Tomato & Butter Bean

Cassarecce

### THURSDAY

HOT MAINS

Beef Shin Lasagne

VEGGIE HOT MAIN

Keens Cheddar Mac &  
Cheese

### FRIDAY

HOT MAIN

Baked Hake with Greens and  
creamy potatoes