



WEEKLY MENU – 24.02.2025

WEEKLY SALADS

Caesar Salad

Harrissa Roasted Cauliflower
and Quinoa

Chickpea, Red Pepper & Zaatar

Beetroot and Red Cabbage Slaw

Potato & Dill Salad

Celariac Remoulade

Butternut, Cous Cous & Almond

Fennel & Beetroot

Grilled Aubergine & Saffron
Yogurt

Kuchumbar

WEEKLY SALAD MAIN

Shawarma Celariac Pitta

Spring Roll

Vegan Sausage Roll

Tandoori Roast Chicken

Teriyaki Salmon

Vegetable samosa & Mango
Chutney

Seared Tuna Loin, Sesame and
Tomato Salsa

Sweet Potato Falafel

MONDAY

HOT MAIN

Jerk Roast Butternut & Rice

TUESDAY

HOT MAINS

Creamy Mushroom Chicken
and Greens

VEGGIE HOT MAIN

Mushroom Stroganoff with
crushed potatoes

WEDNESDAY

HOT MAINS

Seabass, Butter bean
cassoulet & Potatoes

VEGGIE HOT MAIN

Grilled Halloumi, Butter
bean cassoulet &
Potatoes

THURSDAY

HOT MAINS

Chicken curry madras with
Cauliflower pilaf rice

VEGGIE HOT MAIN

Butternut curry madras
with chickpea and pilaf

FRIDAY

HOT MAIN

Fish & Chips with tartare sauce
and mushy peas